# HUMAN SERVICES DIRECTORY



A publication of the Mental Health Association in Fulton & Montgomery Counties

**Revised 03/2025** 

## FULTON COUNTY DEPARTMENTS

**COUNTY WEBSITE:** <u>www.co.fultonny.gov</u>

## **ADULT PROTECTIVE & LONG TERM CARE (LTC) SERVICES**

4 Daisy Lane PO Box 549 Johnstown, NY 12095 Phone: 518 736-5600

Fax: 518 762-0080

## **FULTON COUNTY CIVIL DEFENSE OFFICE**

2714 State Rte. 29 Johnstown, NY 12095 Phone: 518 736-5856

Fax: 518 762-4938

#### **COMMUNITY SERVICES**

Fulton County Community Services 57 East Fulton Street, Room 206 Gloversville, NY 12078

Phone: 518 773-3557 Fax: 518 773-3561

## CORNELL COOPERATIVE EXTENSION FULTON & MONTGOMERY COUNTIES

Fonda Annex Building 20 Park St. Room 202 PO Box 1500 Fonda, NY 12068

Phone: 518 853-2135 Fax: 518 853-2129

#### **CRIME VICTIMS ASSISTANCE**

Fulton County Office Building 223 W. Main Street Johnstown, NY 12095

Phone: 518 736-5511

#### **DEPARTMENT OF SOCIAL SERVICES**

4 Daisy Lane, P.O. Box 549 Johnstown, NY 12095

Phone: (Services) 518 736-5600

Fax: 518 762-0080

#### **DISTRICT ATTORNEY'S OFFICE**

County Office Building 223 West Main Street Johnstown, NY 12095 Phone: 518 736-5511

Fax: 518 762-2042

#### **DRUG COURT**

223 West Main Street Johnstown, NY 12095 Phone: 518 736-5800 jgriesbe@nycourts.gov

#### **FAMILY COURT**

223 West Main Street Johnstown, NY 12095 Phone: 518 762-3840

Fax: 518 451-8745

#### OFFICE FOR THE AGING

19 North William Street Johnstown, NY 12095 Phone: 518 736-5650

Fax: 518 762-0698

www.fcofa.org

#### **PROBATION**

64 East Fulton Street Gloversville, NY 12078 Phone: 518 773-3565 Fax: 518 773-7958

## **PUBLIC DEFENDER'S OFFICE**

55 East Main Street Suite 310 Johnstown, NY 12095 Phone: 518 736-5820

Fax: 518 762-0122

#### **PUBLIC HEALTH**

2714 State Highway 29 P.O. Box 415

Johnstown, NY 12095 Phone: 518 736-5720 Fax: 518 762-1382

#### **VETERANS SERVICES AGENCY**

2712 State Highway 29 Johnstown, NY 12095 Phone: 518 736-5651

Fax: 518 736-5960

veterans@fultoncountyny.gov

#### SHERIFF'S OFFICE

2712 State Highway 29 PO Box 20

Johnstown, NY 12095

Phone: 518 736-2100 (Office)

518 736-2198 (Jail)

Fax: 518 736-2126

## MONTGOMERY COUNTY DEPARTMENTS

**COUNTY WEBSITE:** <u>www.co.montgomery.ny.us</u>

## CHILDREN WITH SPECIAL HEALTH CARE NEEDS PROGRAM Public Health Department, Montgomery County

County Annex Building 20 Park Street, P.O. Box 1500 Fonda, NY 12068-1500

Phone: 518 853-3531 Fax: 518 853-8218

## **CORNELL COOPERATIVE EXTENSION FULTON & MONTGOMERY COUNTIES**

Fonda Annex Building 20 Park St. PO Box 1500

Fonda, NY 12068 Phone: 518 853-2135

Fax: 518 853-2129

fultonmontgomery@cornell.edu

## **DEPARTMENT OF SOCIAL SERVICES**

64 Broadway, P.O. Box 745

Fonda, NY 12068 Phone: 518 853-4646

Fax: 518 853-8327

Amsterdam Office 1 Venner Rd. Amsterdam, NY 12010 Phone: 518-212-5778 Fax: 518-212-5780

#### **DISTRICT ATTORNEY'S OFFICE**

New County Courthouse 58 Broadway P.O. Box 1500

Fonda, NY 12068 Phone: 518 853-8250 Fax: 518 853-8212

#### **FAMILY COURT**

New County Courthouse 58 Broadway, PO Box 1500 Fonda, NY 12068

Phone: 518 853-8133 Fax: 518 238-4370

montgomeryfamily@nycourts.gov

## **FULMONT COMMUNITY ACTION AGENCY, INC.**

County Annex Building 20 Park Street, PO Box 835 Fonda, NY 12068

Phone: 518 853-3011

fulmontcommunity@hotmail.com

#### **MONTGOMERY COUNTY EMERGENCY MANAGEMENT**

Public Safety Facility 200 Clark Drive PO Box 338 Fultonville, NY 12072

Phone: 518 853-4011

Emergency after Hours: 518 853-4714

#### OFFICE FOR THE AGING

135 Guy Park Avenue Amsterdam, NY 12010 Phone: 518 843-2300

Fax: 518 843-7478

## **PROBATION DEPARTMENT**

Public Safety Facility 200 Clark Drive PO Box 338 Fultonville, NY 12072

Phone: 518 853-8380 Fax: 518 853-8228

#### **PUBLIC DEFENDER'S OFFICE**

Public Safety Facility 200 Clark Drive PO Box 338 Fultonville, NY 12072 Phone: 518 853-8305 Fax: 518 853-8308

#### **PUBLIC HEALTH**

County Annex Building 20 Park Street PO Box 1500 Fonda, NY 12068-1500

Phone: 518 853-3531 Fax: 518 853-8218

#### SHERIFF'S OFFICE

P.O. Box 432 - 22 Clark Drive

Fultonville, NY 12072

Office Phone: 518 853-5500 Office Fax: 518 853-4096

Jail Phone: 518 853-5555, 518 853-5556

Jail Fax: 518 853-4685

#### **VETERANS SERVICE AGENCY**

County Annex Building 20 Park Street, PO Box 1500 Fonda, NY 12068

Phone: 518 853-8152 Fax: 518 853-5023

<u>brava@co.montgomery.ny.us</u> rweaver2@co.montgomery.ny.us

#### **YOUTH BUREAU**

County Annex Building 20 Park Street PO Box 1500

Fonda, NY 12068 Phone: 518 853-4355 Fax: 518 853-8299

brava@co.montgomery.ny.us

Hotlines & Helplines

#### AIDS/HIV

#### **AIDS NYS Hotline**

1-800-541-2437

## **Alcohol/Drugs**

## Addiction Services Hopeline NYS Office of Addiction Services & Supports

1-877-846-7369

## SAMSHA's National Helpline 24/7 mental and/or substance abuse disorders

1-800-662-HELP (4357)

## **Child Abuse**

**NYS Child Abuse & Maltreatment Hotline** (general public telephone number) 1-800-342-3720

**National Domestic Violence Hotline** (confidential mandated reporter number) 1-800-799-7233 or text BEGIN to 88788

## Rape, Abuse and Incest National Network (R.A.I.N.N)

1-800 656-4673

## **Domestic Violence & Dating Violence**

## **Catholic Charities of Fulton & Montgomery Counties Fulton County**

Phone: 518 762-8313 Fax: 518 762-4092 **Montgomery County** Phone: 518 842-4202 Fax: 518 842-4245

**Domestic Violence & Crime Victim's Local Hotline** 

518 842-3384

## **Family Violence Project of the Family Counseling Center**

11-21 Broadway Street Gloversville, NY 12078 Office: 518 725-4310 Hotline: 518 725-5300

Fax: 518 725-2556

www.thefamilycounselingcenter.org

## **Fulton/Montgomery Rape Crisis/Sexual Assault Support Services**

400 North Perry Street Johnstown, NY 12095 Office: 518 736-1911

Hotline: 1-866-307-4086

#### **National Sexual Assault Hotline**

1-800-656-4673

## National Domestic Violence Hotline 1-800-799-7233

## **NYS Domestic Violence & Sexual Violence Hotline**

1-800-942-6906

## **Eating Disorders**

National Eating Disorder Helpline	1-800-931-2237
Anorexia/Bulimia Association	1-800-931-2237

## **Human Trafficking**

## National Human Trafficking 1-800-373-7888

## **Pride Center of the Capital Region**

332 Hudson Avenue Albany NY 12210 Phone: 518 462-6138

Fax: 518 462-2101

## **Mental Health**

St. Mary's Healthcare Mental Health Crisis Hotline	518 842-9111
Mental Health America	1-800-969-6642
NAMI, National Alliance for the Mentally III (helpline)	1-800-950-3228
National Institute of Mental Health	1-866-615-6464

## **Pregnancy/Reproductive Health**

Prenatal Care Assistance Program		1-800-522-5006
Planned Parenthood	Fulton & Montgomery Counties	518 736-1911
400 N. Perry St. Johnstown NY		
<b>Sexually Transmitted Infec</b>	tion Hotline	1-800-227-8922
<b>Unplanned Pregnancy Hotline Solutions Center</b> 1-800-648-HELP (4357)		
Alpha Pregnancy Center		, ,

## **Sexual Assault & Abuse**

Fulton Co. Sexual Assault Support Services	518 736-1911
Montgomery Co. Sexual Assault Support Svcs.	518 736-1911
Sexual Assault Support Services	1-866-307-4086

#### Sexual Assault & Abuse Hotline

1-800-656-HOPE (4673)

## **Suicide**

#### **American Foundation for Suicide Prevention**

988

#### **Crisis Text Line**

Text TALK to 741741

Crisis text line serves anyone, in any type of crisis, (depression, anxiety, suicidal thoughts, cutting, eating disorders, bullying, drug abuse, etc.) providing access to free, 24/7 support and information.

#### **Fulton County Community Services**

518 773-3557

Ernest Gagnon, FC Director of Community Services

#### **Montgomery County Public Health Department**

518 853-3531

Sara Boerenko, MC Director of Community Mental Hygiene Services

#### **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)

#### **Suicide Prevention Lifeline**

1-800-784-2433

## St. Mary's Mental Health Clinic

518 841-7341

If you have reason to believe that someone who lives in Montgomery County is at risk for suicide and they have refused help, Ms. Boerenko can issue an order whereby this person will be picked up by law enforcement and transported to St. Mary's Hospital for evaluation.

**The Trevor Lifeline** (Gay/Lesbian Youth Suicide Prevention)

1-866-488-7386 or

Text START to 678-678

## **New York State Helplines**

Adult Care & Assisted Living Complaints	1-866-893-6772
NYSDOH AIDS Institute General Information	1-800-233-7432
American Bar Association  www.americanbar.org  email: service@americanbar.org	1-800-285-2221
Attorney General's Health Care Bureau	1-800-428-9071
Attorney General's Helpline	1-800-428-9071
Child Abuse & Maltreatment Hotline	1-800-342-3720

## **Crime Victims' Rights**

New York State Crime Victim Board 1-800-247-8035 (victims/claimants only)

e-mail: <a href="mailto:cvbinfo@cvb.state.ny.us">cvbinfo@cvb.state.ny.us</a>

Albany: 518 457-8727

TTY: 1-888-289-9747

## **Hearing Impaired**

NYS Hotline for the Hearing Impaired	711 Ask operator to dial 1 877-502-6155
Emergency Services Dispatch	1-800-342-4357
Do Not Call Registry www.donotcall.gov	1-888-382-1222
Domestic Violence	
New York State Domestic & Sexual Violence Hotline	1-800-942-6906
NYS Office for the Aging Ombudsman	1-855-582-6769
Food and Nutrition Programs Child & Adult Care Food Program Growing Up Healthy Hotline	1-800-942-3858 1-800-522-5006
Health Insurance Child Health Plus:	1-800-698-4543
Elderly Pharmaceutical Insurance Coverage Program (EPIC)  *Fraud & Abuse Hotline 1-800-542-0424  *Provider Helpline 1-800-634-1340  *Medicare 1-800-633-4227	1-800-332-3742
Marketplace Helpline Healthcare.gov	1-800-318-2596
Certified Home Health Care Agencies	1-800-628-5972
Hospice Complaints	1-800-628-5982
Identity Theft Prevention (NYS Attorney General)	1-800-771-7755
Long Term Care (NYS Dept. of Financial Services) NYS Partnership for Long-Term Care:	1-888-697-7582
Managed Care Complaints	1-800-206-8125

Missing & Exploited Children CYBER TIPLINE	1-800-843-5678	
National Human Trafficking 24/7	1-888-373-7888	
New York State and National Contact Information	for Crime Victims	
A listing of local services can be obtained on the website: <a href="https://h&lt;/th&gt;&lt;th&gt;- · · · · · · · · · · · · · · · · · · ·&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;NYS Adult Protective Services Helpline&lt;/th&gt;&lt;th&gt;1-844-697-3505&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Nursing Home Complaints&lt;/th&gt;&lt;th&gt;1-888-201-4563&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;NYS Office of Victim Assistance &amp; Community Supervision&lt;/th&gt;&lt;th&gt;1-800-783-6059&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Office of Mental Health (OMH) Customer Relations&lt;/th&gt;&lt;th&gt;1-800-597-8481&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Office of Professional Medical Conduct (Dept. of He Complaints and Inquiries opmc@health.ny.gov&lt;/th&gt;&lt;th&gt;ealth)&lt;br&gt;1-800-663-6114&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Office of Professional Discipline  NYS Licensure and Registration – Investigation and prosecution for&lt;/th&gt;&lt;th&gt;1-800-442-8106 professional misconduct.&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Poison Control Center&lt;/th&gt;&lt;th&gt;1-800-222-1222&lt;/th&gt;&lt;/tr&gt;&lt;tr&gt;&lt;th&gt;Sex Offender Registry Information Line &lt;a href=" https:="" www.criminaljustice.ny.gov"="">https://www.criminaljustice.ny.gov</a>	1-800-262-3257	
Smokers Quitline	1-866-697-8487	
Terrorism Tips Hotline	1-866-SAFE-NYS	
U.S. Attorney Offices  Northern District of New York  P.O. Box 7198, 100 South Clinton Street Syracuse, NY 13261-7198	1-315-448-0672 Fax 1-315-448-0689	
New York State Justice Center for the Protection of People with Special		

New York State Justice Center for the Protection of People with Special Needs

1-800-624-4143 for questions

1-855-373-2122 to report suspected

abuse or neglect

Alcohol & Chemical Addiction, Abuse, and Recovery Services

**Four Winds Saratoga** 

518 584-3600

30 Crescent Avenue (toll free) 1-800-888-5448 Saratoga Springs 12866 (Admissions toll free) 1-800-959-1287

## **Helio Health (**formerly Fulton Friendship House)

518-725-1512

18 Cayadutta Street, Gloversville

Provides residential options for people with psychiatric disabilities and alcohol abuse/substance abuse or addiction. Program provide housing, education and support to assist individual in meeting their recovery goals.

## **Hamilton County Community Services**

518 648-5355

143 White Birch Lane, Indian Lake

(toll free)

1-888-825-9077

Mental health, alcoholism, and substance abuse services. Health Crisis Line 800-533-8443

## **Rob Constantine Recovery Community & Outreach Center**

33 Bleecker St. Suite 101 Gloversville, NY 12078

518-705-4627

HFM Prevention Council operates a Recovery Community and Outreach Center to help prevent relapse and sustain long-term recovery. The Center facilitates recovery of individuals and their families by providing a substance-free environment. Included is a meeting location, substance-free social functions, prevention, and resources/referral center for services in the area. Services available include: job and resume assistance, housing assistance, and assistance with furthering education. The Center also has Peer Engagement Specialists and a Family Support Navigator. The Specialists use their own experience with addition and recovery to be resources for individuals suffering from substance use issues. The Family Support Navigator utilizes their own family addiction and recovery expertise to engage with families who have loved ones with a Substance Use Disorder. The Center focuses on building the recovery community, and providing a positive outlook for individuals seeking help with addiction and throughout the recovery process.

131 East Main St. Amsterdam, NY 12010 www.youreinrecovery.com

518-212-5576

## **St. Mary's Addiction Services**

518-843-4410

4988 NY-30 Amsterdam 24 Hour Crisis Line

518 842-9111

Group and individual counseling, adolescent and family therapy – also will work with dually diagnosed individuals.

## The Lighthouse (MHA)

518 842-5131

OASAS licensed residential program in Amsterdam for women recovering from addictions – also has the ability for infants and pre-school children to live in the facility.

#### **Treatment Center – Conifer Park**

79 Glenridge Road, Glenville, NY 12302

1-800-989-6446

Fax: 518 399-6842

Inpatient and outpatient services available

## Adult, Children and Family Services

## Children's Health Home of Upstate NY, LLC

1-855-209-1142

Health Home is a care management service model whereby all of an individual's caregivers communicate with one another so that all of a patient's needs are addressed in a comprehensive manner. CHHUNY believe that every family has strengths and that families are the neutral and most effective drivers of their care.

#### **Children's Mental Health Services**

518 841-3747

St. Mary's Hospital Children's Mental Health Clinic, Memorial Building, 4988 State Highway 30 Amsterdam, NY 12010

## **Central Assessment Program (CAP)**

518 736-5718

FCDSS, 4 Daisy Lane, PO Box 549, Johnstown

Central Assessment is a program with shared staff consisting of caseworkers and nurses from the Department of Social Services and Office for Aging. Central Assessment provides a central entry point to long term care services, for both home care and nursing home care. The Central Assessment team provides a complete social, financial, and health assessment and on-going case management services, if necessary. THERE IS NO CHARGE FOR THE ASSESSMENT OR CASE MANAGEMENT SERVICES. Any resident of Fulton County is eligible for Central Assessment's evaluation to determine long term care needs.

## The Family Counseling Center

518 725-4310

11-21 Broadway, Gloversville

Provides a broad range of high-quality mental health and social services, with particular attention to the needs of children and their families.

#### **CCSI (Coordinated Children's Services Initiatives)**

This is a multi-agency partnership that works with families in Fulton County who have children who may be at risk of placement outside their homes. Services are developed to enhance the family's ability to care for their child at home.

**Family Support Program** works to empower families by offering Parent Partner Services, Case Management, Parent Support Groups, Common Sense Parenting workshops, education information, and social and recreational activities. This program is accessed through **CCSI**.

#### **Drop-In Center**

Monday - Friday 9-4 pm

Provide support to community members seeking an entryway to mental health care.

#### **Mobile Crisis Team/Respite Program**

Emergency crisis management for children and their families who reside in Fulton and Montgomery Counties. Limited respite services, when available, may be provided as indicated.

## **Family Counseling Clinic Services**

Fort Plain – 2 Willett St. Fort Plain, NY 13339

Phone: 518 993-2273 Fax: 518 993-2280

Phone: 518 725-4310 Fax: 518 725-3116

## **Lexington Family Services**

518 773-2014

43 Harrison Street, Gloversville

Helping families in Fulton County who are caring for a child or adult who is developmentally disabled. A wide variety of services are offered. Including respite, recreation, advocacy, support, and education.

## **Mental Health Association in Fulton & Montgomery Counties**

307-309 Meadow Street, Johnstown 518 762-5332 (fax) 518-762-6823 518 Mohawk Place, Amsterdam 518 842-3717 (fax) 518-842-0228

#### **LEAPS After-School Programs**

The After-School Programs are offered, without cost, to any students in the Gloversville Enlarged School District's Boulevard, Kingsborough & Park Terrace Elementary Schools along with the elementary schools, Warren Street and Pleasant Avenue as well as the  $5^{th}$  &  $6^{th}$  grades in Knox Middle School in the Greater Johnstown School District.

A fee-for-service afterschool program is offered in the Fonda-Fultonville Elementary School. Any students in the appropriate grades are eligible to enroll. A fee for service before school program is offered for the Gloversville Enlarged School District elementary schools.

#### Behavioral Health After School Program

518-762-5332 (ext. 110)

This program consists of supervised educational and recreational activities for children from Fulton and Montgomery counties (ages 5-15) who have emotional or behavioral problems, or are at-risk for violence, alcohol/substance abuse, educational failure, or illegal activities. Referrals are accepted from parents/guardians, therapists, school personnel, counselors, or other service providers who work directly with the child.

#### Child Advocacy Centers in Fulton, Montgomery & Hamilton Counties

307-309 Meadow Street, Johnstown	518 736-2443 Fulton County
·	(Fax) 518 736-8128
120 Genessee Lane, Amsterdam	518 627-4645 Montgomery County
	(Fax) 518 627-4302
2960 State Route 30, Speculator	518 548-5263 Hamilton County
	(Fax) 518 548-5264

A program in which representatives from law enforcement, child protection, mental health, medical, prosecution, and victim advocacy work together, conducting joint forensic interviews and making decisions about the investigation, treatment, management, and prosecution of child abuse and maltreatment cases. Overseen by the Mental Health Association in Fulton & Montgomery Counties, CAC has a primary goal of ensuring that children are not further victimized by systems designed to protect them.

Compeer 518 762-5332 (ext. 116)

307-309 Meadow Street, Johnstown

A mentoring program for adults who have a mental health diagnosis and are receiving mental health services.

#### **Compeer for Youth**

518 762-5332 (ext. 116)

307-309 Meadow Street, Johnstown

Trained adult volunteers are matched as friends and mentors with <u>Montgomery County</u> children who have an emotional or behavioral disorder.

#### **Consumer Initiatives**

307-309 Meadow Street, Johnstown

518 762-5332 (ext.103)

Adult mental health supportive services and community programs. Programs include: Ombudsman Services and Fulton and Montgomery County Social Clubs.

#### **Family Support Program**

518 762-5332 (ext. 103 or 114)

307-309 Meadow Street, Johnstown

Provides social and recreational activities, plus educational information workshops for families that have a family member, parent and/or child who is receiving mental health services. These services are available in both Fulton and Montgomery Counties.

#### Handy Ups N' Downs Thrift Stores

101 Guy Park Avenue, Amsterdam

518 842-2790

338 North Comrie Avenue, Johnstown

518 736-1825

The thrift stores are consumer run businesses that help provide employment training skills for individuals living with mental illness. Both thrift stores are open to the public. The stores are open Tuesday through Friday 9:00 am - 4:30 pm. Saturday 9:00 am to 2:30 pm.

Adult Behavioral Health Home & Community Based Services (BH HCBS) CORE ommunity Oriented Recovery and Empowerment can help you achieve your life goals and be more involved in your community. MHA offers the following services:

- 1. Education Support Services
- 2. Empowerment Services Peer Support
- 3. Family Support and Training
- 4. Habilitation
- 5. Pre-vocational Services
- 6. Psychosocial rehabilitation (PSR)

#### **CORE Services Eligibility**

To be eligible for CORE services, individuals must meet the following criteria:

- 1. The individual must be enrolled in a Medicaid Health and Recovery Plan (HARP), HIV-Special Needs Plan (HIV-SNP), or Medicaid Advantage Plus (MAP) Plan.
- The individual must meet the New York State Behavioral Health (BH) High-Risk Criteria, also known as the HARP Eligibility Algorithm, which is designated by the following codes:
  - o **H1**: Enrolled in a HARP and meets the BH High-Risk Criteria.
  - o **H4**: Enrolled in an HIV-SNP and meets the BH High-Risk Criteria.
  - o **H9**: Meets the BH High-Risk Criteria but is not in HARP or HIV-SNP.
- 3. CORE services must be recommended by a Licensed Practitioner of the Healing Arts (LPHA) based on the individual's needs.

#### **HCBS** Eligibility

For HCBS services, individuals must meet the following criteria:

- Open to Medicaid beneficiaries aged 21 and older with serious mental illness (SMI) and/or substance use disorders (SUD). HIV-SNP enrollees who are determined HARPeligible by the state may also qualify.
- 2. HARP-eligible individuals must be offered care management through a state-designated Health Home, which coordinates their services and support.
- 3. Individuals interested in receiving BH HCBS will undergo an individualized eligibility assessment using the NYS Eligibility Assessment (EA) tool. This assessment helps determine the specific services they qualify for based on their medical, behavioral, and functional needs.

These services can help with:

#### Independence.

Daily living and Social Skills

- Gain or Regain life skills such as making social connections or budgeting
- Learn how to advocate for yourself and negotiate relationships
- If needed, receive treatment and rehabilitation services in your own home

#### **Education and Employment**

- Individual Employment Support
  - o Choice of employment goal and benefit counseling
  - Support in finding and keeping a job
  - o Support to help you stay on the job and start career planning
- Education support to start, return to, or graduate from school to learn skills to get or keep a job

#### **Representative Payee Services**

518 842-3717 (ext. 204)

11 Mohawk Place, Amsterdam

A program that manages the finances of consumers of mental health services who are not able to take care of their finances (income obtained from Social Security or Supplemental Security Income.) Must be a resident of Fulton, Montgomery, or Hamilton Counties.

#### **Residential Services**

518 842-3717

(These services are accessed through the Adult or Children's SPOA Process.)

#### **Children & Youth Community Residence:**

8-bed capacity serving children and youth ages 12-18. One crisis bed is available.

#### Adult OMH Licensed Programs:

- 2 10-bed residence serving individuals over the age of 18. A crisis bed and a respite bed are available in both locations.
- Apartment Treatment Program: 34-bed capacity program located at various apartments throughout the city of Amsterdam, including 22 one- bedroom units at Holland Circle Apartments.
- Supported Housing: A program assisting individuals with living skills in the housing setting of their choice in Montgomery County, including five SP-SRO units in Holland Circle Apartments.

#### **Licensed OASAS Program:**

A 12-bed residence serving women recovering from substance abuse and their

## Single Point of Access for Children's Services (SPOA) in Fulton & Montgomery Counties 518 762-5332 (ext. 115)

The purpose of this initiative is to identify those children with a mental health diagnosis who are at the highest risk of an out-of-home placement and to develop, with collaboration of local service providers, appropriate strategies to assist and support these children in our communities.

#### Services accessed through Children's SPOA:

**CHHUNY (Children's Health Home of Upstate New York)**: Health Home Care Management Services offered through Northern River's Family of Services (Parson's), 'Together for Youth' and RISE Housing and Support Services for children 5-18. The Care Manager assists in coordinating services and supporting individuals to decrease the need for inpatient admission and unnecessary ER visits.

**St. Mary's Health Home Services**: Care Management services offered through St. Mary's Health Care for children 5-18. The Care Manager assists in coordinating services and supporting individuals to decrease the need for inpatient admission and unnecessary ER visits.

**HCBS (Home and Community Based Services):** Offred through 'Together for Youth' for children up to the age of 18. Multiple prevention programs available for families in Montgomery County. Family Specialists work in the home on a consistent basis to assist with a variety of needs.

**Y-ACT (Youth Assertive Community Treatment):** Offered through the St. Mary's Youth ACT Team to youth ages 10 – 21 who are at extreme risk of out of home placement due to behaviors stemming from their mental health diagnosis **OR** for those youth returning home from placement in a CR, RTF or from a Psychiatric Hospitalization. This team-based approach works with the youth independently and with the family as a whole with a goal of preventing out of home placement or rehospitalization for the youth.

**CR (Community Residence):** Small, therapeutic group home setting that provides structured daily living activities, training in problem solving skills and clinical services.

**RTF (Residential Treatment Facility):** Provides individualized, active mental health treatment to children and adolescents within an intensively staffed residential setting.

## Single Point of Access for Adult Services (SPOA) in Fulton & Montgomery Counties

518 773-3531

**Fulton County Mental Health Clinic** 

57 East Fulton Street, Gloversville <a href="mailto:ggyldenvand@fultoncountyny.gov">ggyldenvand@fultoncountyny.gov</a>

The goal of this initiative is to assist those adults (18 years old and older) who require the highest level of service in the community and ensure they are given priority for these high-level services, including residential and case management

#### **HFM Prevention Council**

518 736-8188

86 Briggs Street, Johnstown

Substance abuse prevention, education, referrals for treatment, advocacy, community

outreach, workshops, trainings, problem gambling prevention information, self-help meeting lists, Creative Connections Youth Clubhouse in Amsterdam, support for people in recovery, and Choices Program for at risk youth.

#### Veteran's Services

#### **Disabled Veteran's Outreach Program**

518-842-3676 ext 3058

2620 Riverfront Center Amsterdam

## Fonda Outpatient Clinic of the Albany V.A.

518 853-1247

2623 State Hwy. 30A. Fonda

## Mountains to Miracles Veterans Foundation (MMVF) 518 842-5313

Paul DuBois diplomatman2002@mmvf.org

Nonprofit serving veterans in the Northeast with a wide variety of issues. Includes "Woofs for Warriors" providing therapy dogs for vets with PTSD, TBI and similar conditions.

#### New York State Division of Veteran's Affairs

518 474-6114

Benefits Counseling Services 800-835-7697

#### **VA Medical Center**

518 626-5000

Open 24 hours per day 7 days a week. Offices 8 am - 4:30 pm.

## **Veteran's Peer To Peer Program in Fulton County**

518 775-9428

128 W. Main Street Johnstown, NY 12095

Serving veterans in Fulton County through assistance in achieving and sustaining personal health, wellness and purpose in their post-service lives with the support of trained peers along with social events for veterans and their families

#### **Veteran's Service Agency**

518 736-5960 Fulton County: 2712 State Highway 29, Johnstown Montgomery County: 20 Park Street, Fonda 518 853-8152

## Clothing & Household Goods

#### **First Presbyterian Church**

518 762-8263

37 S. Market Street, Johnstown (Use Clinton Street entrance.) Thrift Store: Thursday, Friday 9am-1pm and 1st Saturday each month 9am-1pm

## **Handy Ups N' Downs Thrift Stores**

518 842-2790 101 Guy Park Avenue, Amsterdam 518 736-1825 338 North Comrie Avenue, Johnstown

#### **Helpers Community Service**

518 725-9131

103 North Main Street, Gloversville Free clothing to those in need.

#### **Johnstown Church of Christ**

107 Stoller Road, Johnstown Free clothing – call for details

## **Salvation Army Thrift Store**

48 West Fulton Street, Gloversville

## St. Ann's Episcopal Church

37 Division Street, Amsterdam Call for information

#### **Education**

## **BOCES Special Education Department & Special Education Training & Resource Center (SETRC)**

2755 St. Hwy. 67, Johnstown

518 736-4350

518 762-7671

518 725-0243

518 842-2363

(FAX) 518 736-4357

For CSE Chairs/Parent Members in the local school districts.

## The Literacy Zone

25 Church St., Amsterdam

518 725-3308

518 736-4340

## **Hamilton-Fulton-Montgomery BOCES**

Office of Adult Literacy and Incarcerated Education 2755 State Hwy. 67, Johnstown

**Adult Basic Skills** is for adults who are over 21 and need to work developing reading, writing or math skills up to the eighth grade level. Services are provided mornings and evenings at various locations in Fulton and Montgomery Counties.

## Private Industry Council (PIC) Fulton, Montgomery & Schoharie Counties

2620 Riverfront Center, Amsterdam

518 842-3676

The Fulton, Montgomery and Schoharie Counties Workforce Solutions System brings together multiple programs and services to job seekers and business customers. Customers are able to conveniently access the employment, training, and information services they need. Integral to our system are the Workforce Solution Centers which bring together multiple programs and services in a manner seamless to job seekers and business customers. This system can be accessed through a variety of ways including walk-in service access, electronic linkage, resource rooms, internet and other methods. and training opportunities.

#### **Emergency Services**

#### American Red Cross of Northeastern New York

33 Everett Road, Albany 12205

518 458-8111

#### **Code Blue**

Address changes yearly

518 812-6886

#### www.codebluesaratoga.org

#### **Emergency Shelters:**

City Mission of Schenectady, 425 Hamilton Street, Schenectady
Utica Mission, 293 Genessee Street, Utica, NY
(clothing & food donations only)

Interfaith Partnership for the Homeless
Danielle's House, Amsterdam

518 346-2275
315 735-1645
518 434-8021
518 627-4649

## Employment/Vocational

## **Employment**

ACCESS VR7
55 E. Main St. Suite 101 Johnstown, NY
518 773-2884
(Fax) 518 773-1097

## **Vocational & Educational Services for Individuals with Disabilities New York State Department of Labor**

Employee tax credits and wage reimbursements are provided to employers by ACCESS VR when pre-screened job-ready disabled individuals are hired so follow-up services necessary to ensure employer satisfaction are provided. ACCESS VR also subsidizes the cost of training new disabled employees through tax credits and wage reimbursements that varies depending on the training services.

## **Employment Training Program**

#### of the Mental Health Association in Fulton & Montgomery Counties

Johnstown site: 338 North Comrie Avenue, Johnstown
Amsterdam site: 101 Guy Park Avenue, Amsterdam
518 736-1825
518 842-2790

Handy Ups N' Downs, a consumer-run business that provides employment and training to help individuals with mental illness re-enter the work force in a peer-supported atmosphere so they may become self-sufficient and feel confident about themselves.

#### **Hamilton-Fulton-Montgomery BOCES**

518 736-4340

**Adult Services** 

Education and training programs in computer services, commercial driver's license (CDL), licensed practical nursing (LPN), and more.

## **Liberty Enterprises**

518 842-5080

43 Liberty Drive, Amsterdam

The Career and Employment Network (CEN) is the supported employment division of Liberty Enterprises.

## **Workforce Solutions Center New York State Department of Labor**

2620 Riverfront Center, Amsterdam *Financial assistance and services.* 

518 842-3676

## The ARC Lexington

**Employment Resources** 

518 773-4717

Provides support with job readiness training, placement in competitive industry, followup employment supports including job coaches, and more

#### Financial

#### **Catholic Charities**

55 East Main Street, Suite 100 1 Kimball Street
Johnstown, NY 12095 Amsterdam, NY 12010

Phone: 518 762-8313 Phone: 518 842-4202 Fax: 518 762-4092 Fax: 518 842-4245

Fuel, electric or rental emergency assistance.

## **Department of Social Services – Fulton County**

518 736-5615

4 Daisy Lane, P.O. Box 549, Johnstown

Public Assistance & Food Stamps 518 736-5675
Medical Assistance 518 736-5625
Central Assessment Program 518 736-5718
Home Energy Assistance Program 518 736-5600

Includes a financial assistance program for low-income residents to help pay winter

heating bills.

## **Department of Social Services – Montgomery County** 518 853-4646

County Office Building, Broadway, Fonda

Home Energy Assistance Program includes a financial assistance program for low-income residents to help pay winter heating bills

## **Fulmont Community Action Agency**

1200 Riverfront Center	518 842-8225
Ft. Plain Center, 25 High Street	518 993-4000
Gloversville Center, 230 W. Fulton Street	518 725-5754
Northville Center, 202 N. Third Street	518 863-2177
Fonda Center, 20 Park Street	518 853-3011
www.fulmont.org	

Assistance for low-income persons/families. Food pantries, HEAP (heat) application assistance, weatherization, free senior transportation, early childhood services, and WIC.

#### **National Grid Consumer Advocates**

1 Apollo Drive, Queensbury

518 761-5942 (Fax) 518 792-4278

National Grid's Consumer Advocates are available to assist low income and special

needs customers by meeting their energy needs through early intervention, crisis bill paying management, and outreach and education. National Grid Consumer Advocates work closely with other community agencies.

## **Representative Payee Services**

518 842-3717

The Mental Health Association in Fulton & Montgomery Counties 11 Mohawk Street, Amsterdam

(ext. 204)

A program that manages the finances of consumers of mental health services who are not able to take care of their finances (income obtained from Social Security or Supplemental Security Income). Must be a resident of Fulton, Montgomery, or Hamilton Counties.

## **Social Security Administration**

12 North Arlington Avenue, Gloversville

Fax: **518 725-3775** 

Phone: 1-888-577-1494

Administers SSI, a needs program for the aged, blind, and disabled, as well as Social Security for workers aged 62 and older, their dependents, survivors, disabled workers, and dependents.

## Food and Nutrition

## **FULTON COUNTY Food Pantries/Meal Sites**

Some food pantries require registration with a pantry card. Contact the pantries to determine regulations and for any changes or cancellations.

## **Baptist Church of Northville**

111 N. First St., Northville

Food Pantry - Wednesday 10am - 11am

Call: 518 863-8001

#### **Bleecker Center of Hope**

33 Bleecker Street, Gloversville

Food Pantry - Tuesday 4pm - 6pm; Wednesday 9am - 11am.

Call: 518 725-2332

#### **Broadalbin Ecumenical Food Pantry**

65 North Main Street, Broadalbin

**Food Pantry** - Monday 3:30pm-5pm, 1st Tuesday of the month 5pm-6:30pm Thursday 9:30am-11am; Except Holidays

Call: 518 883-5247

Please call ahead to verify that someone is available to assist.

## **Community Free Meals - NOAH**

St. John's Episcopal Church 1 N. Market Street, Johnstown

Soup Kitchen - Sundays 12:00pm - 1:00pm

All are welcome. Call: 518 774-7121

## First Congregational UCC

31 East Fulton Street, Gloversville

Food Pantry - Last Saturday of the month, 10am - 11am

All are welcome. **Call: 518 725-4304** 

## First Presbyterian – Fellowship Meal

First Presbyterian Church

37 S. Market Street, Johnstown

Soup Kitchen - First and last Saturday of the month, 11am - 1pm

All are welcome. **Call: 518 762-8263** 

## **Foothills Worship Center**

305 Jansen Avenue, Johnstown

Food Pantry - Monday through Thursday 9am - 12:00pm

Call: 518 725-9611

## **Fulmont Community Action Agency**

53 Church Street, Gloversville

**Food Pantry** – Monday-Friday, 8:30am – 4pm, (July1st-August31st) Pantry closes at 3pm

Requirements: ID & proof of monthly income for each household member, proof of

address.

Call: 518 762-8263

## **Fulton County Office for the Aging (OFA)**

19 N. William St. Johnstown Website: www.fcofa.org

Hours: Monday-Friday 8 am - 4 pm

Call: 518 736-5650

Home delivered meals after a comprehensive in-home assessment (meals for elderly), congregate meal sites, nutrition counseling & education by a registered dietician.

## **Gloversville Senior Center**

53 Church Street, Gloversville

Food Pantry - Tuesday-Friday, 9am-12pm

Call: 518 725-0923

Requirements: ID, serves 55+. May visit once every 3 months.

## **Mayfield Central Presbyterian**

22 Main Street, Mayfield

Food Pantry - First and third Tuesday 12:00pm - 3:00pm

Call: 518 661-6566

## **North Bush United Methodist Church**

1009 North Bush Road, Caroga Lake

**Food Pantry** - Open to Town of Caroga Lake residents only

Call for hours.

Call: 518 835-6884

#### **North Main Street United Methodist Church**

320 North Main Street, Gloversville

**Food Pantry**: Tuesday 4pm - 6pm, (Summer hours - Wednesday 10am-12pm)

Call: 518 775-5750

#### **Northeast Regional Food Bank**

518 786-3691

965 Albany Shaker Road, Latham, NY 12110

If you have questions about the Regional Food Bank or the services we provide, please feel free to contact us at any time.

## **Park Terrace Food Pantry**

50 Bloomingdale Ave, Gloversville

Food Pantry - Wednesday, 9am-12pm, 4pm-6pm.

Call: 518 762-9210

## St. John's Episcopal Church

1 North Main Street, Johnstown

Food Pantry - Wednesday, 9am-12pm, 4pm-6pm.

Call: 518 762-9210

#### **Salvation Army**

10 Spring Street, Gloversville

**Soup Kitchen -** Monday, Tuesday, Thursday 4pm-5pm.

Food Pantry - Monday, Tuesday, Thursday 10:30am-12:30pm, Friday 10:30am-12pm

Gleaning - Monday, Tuesday, Thursday 10am-12pm

Call: 518 725-4119
Open to anyone

## The Gathering

14 Grand Street, Gloversville

**Soup Kitchen**: Wednesday and Saturday; 11am-1pm

**Call: 518 725-7010** *Open to anyone* 

## **Free Meal Programs**

MONDAY	The Salvation Army 10 Spring Street, Gloversville	4:00pm	518 725-4119
TUESDAY	The Salvation Army 10 Spring Street, Gloversville	4:00pm	518 725-4119
WEDNESDAY	The Gathering 14 Grand Street, Gloversville	11:00am	518-725-7010
THURSDAY	The Salvation Army 10 Spring Street, Gloversville	4:00pm	518 725-4119
SATURDAY	The Gathering 14 Grand Street, Gloversville	11:00am	518 725-7010
SATURDAY The first & last Saturday of the month  First Presbyterian – Fellowship Meal First Presbyterian Church 37 S. Market Street, Johnstown		11am-1pm	518 762-8263
SUNDAY	Community Free Meals – NOAH St. John's Episcopal Church 1 N. Market Street, Johnstown	12pm	518 774-7121

## MONTGOMERY COUNTY FOOD PANTRIES

Some food pantries require registration with a pantry card. Contact the pantries to determine regulations and for any changes or cancellations.

If you have questions about the Regional Food Bank or the services we provide, please feel free to contact us at any time.

#### **Amen Place**

102 Guy Park Ave, Amsterdam

Food Pantry - Tuesday, 10pam - 2pm.

Open to residents of Fonda-Fultonville School District only. ID required for initial signup. For evening hours and more info call.

Call: 518 843-2636

#### **Catholic Charities**

1 Kimball Street, Amsterdam

**Food Pantry** – Monday, 9am –1pm; Wednesday 9am – 12pm (for seniors 60+ only) and 3pm – 6pm for the general public. Thursday 1pm – 5pm

Requirements – Adults – Photo ID, Medicaid card, proof of Montgomery County residency (National Grid bills/DSS paperwork) and income documents. Children – Medicaid ID# & birth certificate. All families must re-certify every year.

Call - 518 842-4202

## **Cupboard of Kindness**

17 Carman Court, Palatine Bridge

Food Pantry - Thursday, 12pm - 2pm

Requirements - 60+

Call - 518 843-2300

135 Guv Park Ave, Amsterdam

Food Pantry - Wednesday. 9am - 11am

Requirements - 60+

Call - 846-2300

#### **Fonda Food Pantry**

10 West Main St., Fonda

**Food Pantry** – Wednesday 3pm – 5pm

Call - 518 853-2621

## **Fulmont Community Action Agency**

1200 Riverfront Center, Amsterdam

**Food Pantry** - Monday-Friday, 8:30am-4:00pm (8:30am – 3pm - July  $1^{st}$  – August 31st); extended hours every first and third Thursday 7:00pm (6pm - July  $1^{st}$  – August  $31^{st}$ .) Photo ID required

Call - 518 842-0790

M.C. Annex Building, 20 Park Street, Fonda Room 206.

**Food Pantry** - Monday-Friday, 8:30am-4pm (8:30am-3pm - July 1<sup>st</sup> - August 31<sup>st</sup>). *Must bring photo ID or pantry card* 

Call - 518 853-8351

200 Canal Street, Ft. Plain

**Food Pantry** - Monday-Friday, 8:30am-4pm (8:30am - 3pm - July 1<sup>st</sup> - August 31<sup>st</sup>)

extended hours every first and third Thursday 7:00pm (6pm July - 1st - August 31st.) Photo ID required

Call - 518 993-3230

## **Haven of Hope Ecumenical Food Pantry**

19 Cemetery Street, Fonda

Food Pantry - Wednesday, 3pm - 5pm.

Open to residents of Fonda-Fultonville School District only. ID required for initial signup. For evening hours and more info call.

Call: 518 853-3621

## **Helping Hands**

61 Monroe St., St. Johnsville

**Food Pantry** – 3<sup>rd</sup> Wednesday and 4<sup>th</sup> Thursday of each month, 3:30pm – 6pm. Requirements – ID and proof on monthly income for each member of the household, proof of address.

Call - 518 568-2013

## **Montgomery County Office for the Aging**

518 843-2300

135 Guy Park Avenue, Amsterdam

Offers home delivered meals or congregate dining sites for seniors in Amsterdam, Canajoharie, St. Johnsville, Fonda Fultonville, and in the Town of Florida. Call for further information.

## **Northeast Regional Food Bank**

518 786-3691

965 Albany Shaker Road, Latham, NY 12110

## **Supplemental and Reduced-Price Food Programs**

#### **Eat Smart New York**

518 765-3500

Free to all individuals who qualify for and/or receive benefits through the Supplemental Nutrition Assistance Program (SNAP). ESNY provides nutrition education materials and sponsors education events and classes in local communities on a variety of nutrition topics like: healthy eating on a budget, smart shopping for vegetables and fruit, healthy meal planning, etc.

## **SNAP** – formerly known as the food stamp program

A Federal program for income-eligible families to help purchase food. For a free, confidential pre-screening, contact the legal Aid Society, Nutrition Outreach & Education Program. You may also apply directly with DSS in your county.

**Fulton County:** 518 736-5600

**Montgomery County:** 518 853-4646

#### WIC – Women, Infants, and Children Program 518 853-8363

Fulmont Community Action Agency, Inc.

A supplemental food/educational program for pregnant, breast-feeding, and postpartum women, and children up to age 5. Vouchers for nutritious foods, including infant formula, to income eligible families.

## WIC Locations: Fulton County:

#### Gloversville

Fulmont Community Action Agency Office

39 Church Street 518 725-2310

Open: Monday through Friday, 7:30am – 4pm (Serving Johnstown, Gloversville, and Mayfield)

Northville

511 Bridge St. **518 863-2177** 

Open: Bi-monthly – third Tuesday

#### **Montgomery County:**

#### **Amsterdam**

Fulmont Community Action Agency

Riverfront Center, 1st floor 518 842-5336

Open: First week of every month Monday through Friday, 7:30am – 4pm

**Fonda** 

Fulmont Community Action Agency Main Office

County Annex Building, 2<sup>nd</sup> floor **518-853-8363** 

Open: Monday through Friday, 7:30am - 4pm

**Fort Plain** 

**Fulmont Community Action Agency** 

51 Main Street 518 993-3220

Open: Second Tuesday, Wednesday, Thursday

each month 7:30am - 4pm

An intake can be taken over the telephone. Once an appointment is made, individuals will need to bring proof of income, proof of residence, and identification. At that time, all applicants will need to complete a general screening form. If eligible, individuals will receive a voucher listing the specific foods or items they can purchase

#### **Education and Information**

Cornell Cooperative Extension – Fulton and Montgomery 518 853-2135

Fonda Annex Building

20 Park Street, Room 202 Fonda NY (Fax) 518 853-2129

## Health Clinics, Centers and Services

ACT Team 518 770-7827

446B Guy Park Avenue, Amsterdam Fax 518 770-7812 Crisis Line 518 813-1577

St. Mary's Healthcare provides ACT services, Assertive Community Treatment (ACT) a team-based treatment model that consists of a community-based group of medical, behavioral health and rehabilitation professionals who use a team approach to meet the needs of an individual with severe and persistent mental illness. An individual who is appropriate for ACT does not benefit from receiving services across multiple, disconnected providers and may become at greater risk of hospitalization, homelessness, substance use, victimization and

incarceration. An ACT team provides person-centered services addressing the breadth of an individual's needs, helping him or her achieve their personal goals.

EDDY Alzheimer's Services	518 238-4163
Fulton, Montgomery and Schoharie Counties	518 369-5727

#### **Child and Family Health Clinic** 518 627-2110

67 Division Street, Amsterdam

## **Fulton County Public Health**

518 736-5720

2714 State Highway 29, Johnstown (ask for public health nurse)

Immunization, clinic, well child clinic, Socially Communicable Infections (SCI) clinic, and HIV testing. Dental clinic for children, screening for lead poisoning, Infant Health Assessment Program, Child Health Plus, and Medicaid enrollment, etc.

#### **Home Health Care Services**

Home helpers	Hagaman	518-255-7326
Visiting Nurses Home Care	Amsterdam	518-842-1764

## **Montgomery County Public Health**

518 853-3531

20 Park Street, Fonda

#### Nathan Littauer Hospital and Nursing Home 518 725-8621

## **Nathan Littauer Primary Care Centers**

Caroga Lake, 1840 State Hwy. 10	518 835-2341
Fonda, 46 E. Main Street	518 853-3190
Gloversville, 99 East State Street	518 773-5690
Johnstown, 110 Decker Drive, Suite 100	518 571-4200
Mayfield, 2497 State Highway 30	518 661-5493
Perth, 4104 State Highway 30	518 883-8620
Speculator, 2862 State Route 8	518 548-8155

#### Planned Parenthood Mohawk Hudson

518 736-1911

400 North Perry Street, Johnstown

Reproductive health care services including: gynecological exams, pregnancy testing and options counseling, testing and treatment for sexually transmitted infections, confidential HIV testing and counseling, birth control information and supplies. Medicaid, many insurances, sliding fee scale.

#### St. Mary's Healthcare (Hospital) 518 842-1900

## **St. Mary's Healthcare Primary Care Centers**

Amsterdam, 380 Guy Park Avenue (Carondolet Pavilion)	518 841-7415
Canajoharie, 48 Erie Blvd.	518 673-2573
Gloversville, 84 East State Street	518 773-8894
Johnstown, 700 South Perry Street	518 762-3161
Memorial Campus, 4988 St. Hwy 30 Amsterdam	518 841-3770
Northville, 331 Bridge Street	518 863-4200
St. Johnsville, 7 Timmerman Avenue	518 568-7145

## St. Mary's Healthcare Adult Medical Day Health Care 518 841-3605 At Wilkinson Center

4988 State Highway 30, Amsterdam

Health monitoring, socialization and supervision, skilled nursing care and assistance with eating, walking, toileting and personal hygiene, speech, occupational a physical therapies, nutritious meals and snack, lab and x-ray services, case management, recreational activities, arts and crafts, social services, caregiver support services and an "Adopt a Grandparent" program. Transportation to and from the program is available.

## St. Mary's Urgent Care Centers

(All Centers are open from 8 am – 7 pm daily including holidays)

Amsterdam, 4950 State Highway 30	518 842-3100
Gloversville, 84 East State Street	518 773-7710
St. Johnsville, 7 Timmerman Avenue	518 770-7818

#### **New Dimensions in Living, Inc.**

518 843-2575

40 Wall Street, Amsterdam

Dental and Primary Care

## **New York Oncology Hematology**

518 843-0020

1700 Riverfront Center, Amsterdam

New York Oncology Hematology (NYOH) is the leading provider of community-based cancer care and blood disorder services. With seven convenient locations in Albany, Amsterdam, Clifton Park in Saratoga County, Hudson, Rexford and Troy, our team of 32 physicians and 350 cancer care specialists see more than 100,000 cancer visits a year

#### **Roswell Park Cancer Institute**

Referral Services: (1-800) 767-9355

- \*Physician referring patient to RPCI
- \*Diagnosis or suspicion of cancer or want second opinion
- \*General or specific question about cancer or learn about trials
- \*Will your insurance cover costs at RPCI

General Information: 1-800-685-6825 Gilda Radner Cancer Registry: 1-800-682-7426

## **American Cancer Society**

518 220-6901

1 Penny Lane, Latham, NY 12110

Information on cancer treatment and prevention, early detection and smoking cessation: community resource database.

#### **American Heart Association**

518 262-3125

43 New Scotland Ave, Albany, NY 12208

Albany Med and the American Heart Association (AHA) have initiated a groundbreaking collaboration to improve the heart of the Capital Region. The collaboration began in 2017 when Albany Med joined forces with the AHA to be part of the first ever "Life is Why" campaign in our region. The campaign is the Heart Association's national initiative designed to help individuals make small changes in their lifestyle that will result in healthier, happier and longer

lives. Albany Med is proud to join the American Heart Association in the fight against the nation's number-one killer, heart disease, and help save countless lives through this important campaign.

#### **American Diabetes Association**

518 218-1755

2Pine West Plaza Albany, New York 12205

The American Diabetes Association funds research, publishes scientific finding, provides information and other services to people with diabetes, their families, health professionals and the public.

#### **Brain Injury Association of New York State**

518 459-7911

4 Pine West Plaza Suite 402, Albany, NY 12205

The mission of the Brain Injury Association of New York State is to minimize brain injury through prevention and to support, educate and advocate for individuals with brain injuries and their families.

#### **Wells House Adult Day Health Program**

518 736-1373

201 West Madison Avenue, Johnstown

Medical monitoring, nursing care, personal care and hygiene, social work, dietary consultation, nutritional lunch and snacks, rest and exercise, physical, occupational and speech therapies, diversified leisure time/educational activities, and arrangement for emergency care. Additional services that can be arranged include dental, podiatry, laboratory, radiology, beauty and barber shop.

## **Local Dentists accepting Medicaid:**

New Dimensions	518 843-2575
Ellis Dental	518 382-2270
Hometown Health Center	518 370-1441

## Public Housing

## **Housing Authority**

Administers rental certificates and housing vouchers, must be income eligible. For additional details contact one of the sites listed below:

Amsterdam, 52 Division Street	518 842-2894
(maintain rehabilitation units also)	
Gloversville Housing Authority (Administration)	518 773-7308
Forest Hills Towers	518 725-7312
Kingsboro Towers	518 725-5322
<b>Dubois Gardens Apartments</b>	518 773-7308
Johnstown Public Housing Agency	518 773-7308

## **Section 8**

Amsterdam	518 842-2894
Canajoharie	518 673-2203
Gloversville	518 372-4739

(Applications for senior and family housing, must be income eligible)

## Residences/Supportive Housing for People with Psychiatric Disabilities

#### **Catholic Charities**

518 762-8313

55 East Main Street Suite 100, Johnstown

Several residences for adults with mental health disabilities, including a single room occupancy program and a group home for individuals who are dually diagnosed, mentally ill, chemically abusing (MICA).

#### **Danielle's House**

218 East Main Street, Amsterdam

518 627-4649

A program of Interfaith Partnership for the Homeless, an Albany based agency working to address the needs of the homeless and low income community in Amsterdam and surrounding area.

www.interfaithpartnership.com

## **Fulton County YMCA**

518 725-0627

19 East Fulton Street, Gloversville

Apartment style living. Can accommodate both men and women.

Helio Health 518 762-2294

462 North Perry Street, Johnstown

18-20 Cayadutta Street, Johnstown (Administrative Office) 518 725-1512

Provides a full range of residential services including a group home, apartment treatment and supportive housing to individuals living with mental illness or who are dually diagnosed with substance abuse.

#### **Liberty Enterprises**

518 842-5080

43 Liberty Drive, Amsterdam

Not-for-profit organization offering support and services to adults and children with disabilities and others with special needs. Services include residences (several options), vocational programs, day supports, family support services, health related services and transportation.

#### **Mental Health Association in Fulton & Montgomery Counties**

307-309 Meadow Street, Johnstown **518 762-5332** 11 Mohawk Place, Amsterdam **518 842-3717** 

Residential services in Montgomery County include 24-hour Supervised Community Residences for both adults and youth providing case management, training and support to assist with daily living, symptom management, assertiveness training, medication management, community integration, and socialization. Additionally, there is a 34-bed apartment treatment program with apartments throughout Amsterdam including 22 one-bedroom apartments in Holland Circle Apartments, a Supported Housing Scattered Site Program where individuals choose their own apartment in Montgomery County, and five SP-SRO units in Holland Circle Apartments.

## The ARC Lexington New York

518-773-7931

127 East State St. Gloversville, NY 12078

Lexington provides services and supports in Fulton and Albany Counties to approximately 1,000 children and adults with intellectual and developmental disabilities, including autism, mental illness, cerebral palsy, physical disabilities, epilepsy and traumatic brain injuries. Lexington's person-first approach puts the emphasis on each person's needs, wants and desires rather than their disability. From how we structure program activities to the language we use at our agency, we are committed to fostering an environment where the people we support are not only respected and valued, but also play an integral role in Lexington's day-to-day operations. Lexington continues to expand and diversify while remaining deeply committed to its core values and mission of excellence-making Lexington a great place for people with disabilities and for our employees.

## Legal Services

## **Albany Law School**

518 445-2311

80 New Scotland Avenue, Albany

(Disability Issues) **518 445-2328** 

#### **Alternatives to Incarceration**

518 762-7856

Supervision of people age 16 or older who have been sentenced to community service or who are on pre-trial release.

#### Crime Victims Assistance – Montgomery County

518 842-4202

Catholic Charities

#### **Legal Aid Society of Northeastern New York, Inc.**

518 842-9466

1 Kimball Street, Amsterdam

Fax 518 843-1792

## **Mental Hygiene Legal Services**

518 451-8710

3<sup>rd</sup> Judicial Department 40 Steuben Street, Suite 501, Albany 12207

Mental Hygiene Legal Services provides assistance to persons with mental disabilities who are receiving care or alleged to be in need of care at inpatient or outpatient treatment facilities.

#### **Montgomery County Community Service Program**

518 853-8365

County Office Building, 64 Broadway, Fonda 12068 A program of the Youth Bureau.

## Tri-County Mediation Center Catholic Charities

1 Kimball Street, Amsterdam
518 842-4202
55 East Main Street, Johnstown
518 762-7313

e-mail: www.mediation@catholiccharitiesmc.com

No fees. Mediation for disputes. Available for presentations on conflict resolution, peer mediation, workplace stress.

## Victim/Witness Assistance Program Fulton County District Attorney's Office

518 736-5511

Fulton County Office Building, 223 West Main Street, Johnstown

## Mental Health Care Providers

#### Local:

Aronson, Cynthia LMSW	518 990-8069
Balance Psychotherapy & Energy Wellness Tammy Zumbo 41 S. Perry Street. Johnstown NY Ages 6 - 65+	518 313-5084
Brunelle, Suzanne, PhD 713 Troy-Schenectady Rd #224 Latham, NY 12110	518 399-3220
Family Counseling Center 11-21 Broadway, Gloversville 309 W. Montgomery Street, Johnstown 2 Willett Street, Ft. Plain	518 725-4310 518 725-4310 518 993-2273
Counseling for adults, children, and adolescents.	
Fonda Veteran's Outpatient Clinic 2623 State Highway 30A, Fonda	518 853-1247
<b>Gilston, Mary CSW</b> 847 Midline Road, Amsterdam	518 842-1929
Jajoor, Nagaraj, MD St. Mary's Hospital, 427 Guy Park Avenue, Amsterdam	518 841-7368
Long, Michael Ph.D. 34 S. William Street, Johnstown	518 762-5544
Ninan, Oomman, P MD 2610 Riverfront Center, Amsterdam	518 842-0500
St. Mary's Mental Health Adult Clinic 4988 State Highway 30, Amsterdam	518 841-7341
St. Mary's Mental Health Children's Clinic 4988 State Highway 30, Amsterdam	518 843-7520

## **Out of County:**

## **Ellis Hospital Mental Health Services**

518 386-3300

216 Lafayette Street, Schenectady 12305

Adult inpatient and outpatient; adolescent services; electroconvulsive therapy; case management; peer advocacy

#### Ellis Hospital Crisis Information & Referral Hotline 24/7 518 243-3300

#### **Four Winds Saratoga**

518 584-3600

30 Crescent Avenue, Saratoga Springs 12866 Admissions 1-800-888-5448 1-800-959-1287

e-mail: www.fourwindshospital.com/saratoga

Inpatient for children, adolescents, and adults, including eating disorders\* and dual diagnosis; outpatient services
\* Maryann Abrams, RN, MSW, CT

## Comprehensive Care Center

518 262-5299

for Eating Disorders of Northeastern NY 25 Hackett Blvd. Fl.3 Albany, NY 12208

#### **NYS McPike Addiction Treatment Center**

315-738-4600

1213 Court Street, Utica 13502

(Fax) 315 738-4437

#### **Mohawk Valley Psychiatric Center**

315 738-3800

1400 Noyes at York, Utica

Offers acute and intermediate inpatient care for children and adolescents 6-17 years of age.

#### **Samaritan Counseling Centers**

518 374-3514

Main office: 220 N. Ballston Avenue (Rte. 50) Scotia 12302 (**Fax**) **518 374-9193** Offices also in Albany, Clifton Park, Rennselaer, and Saratoga

Private, not-for-profit center offering individual, couple, and family therapy, as well as comprehensive business consulting services.

Disclaimer: These listings are provided for information purposes only and the facilities are not to be considered recommendations of The Mental Health Association in Fulton and Montgomery Counties. The Mental Health Association does not accept responsibility for the success or failure of any of the treatment programs/facilities on this list. We have not researched their practices nor verified their licenses.

## Mental Health and Disabilities Supportive Services

ACCESS-VR 518 773-2884

199 South Main Street, Gloversville

Adult career and continuing education services, assisting individuals with disabilities to achieve and maintain employment and support independent living.

## **Advocacy (Ombudsman) Program**

The Mental Health Association in Fulton & Montgomery Counties

518 762-5332 (ext. 103)

307-309 Meadow Street, Johnstown

Advocacy for consumers of mental health services on the local, state, and federal levels with focus on the promotion of mental wellness, quality of care in treatment, and adequate funding for services.

## **Cerebral Palsy Association of NYS**

518 436-0178

3 Cedar St. Ext. Cohoes, NY 12047

CP of NYS works with the State of New York to enhance the quality of life for people with disabilities and their families. Our Affiliates provide a wide variety of programs, including community living opportunities, Day Habilitation and Day Treatment programs, early Intervention, Preschool and School Age Special Education, and Family Support Services which help thousands of families care for a loved one with a disability.

## **Compeer and Compeer for Youth**

518 762-5332

The Mental Health Association in Fulton & Montgomery Counties

(ext. 116)

307-309 Meadow Street, Johnstown

Trained adult volunteers are matched as friends and mentors with children and adult mental health consumers. Available in Montgomery County only.

## The ARC Lexington

518 762-0024

465 North Perry Street, Johnstown

Provides a full range of services to children and adults who have developmental disabilities, physically handicapped, or emotionally disturbed. Includes group homes, employment service, and sheltered workshop for job training.

## **Lexington Clinic**

518 762-0024

465 North Perry Street, Johnstown

(ext. 235)

Offers Occupational Therapy, Physical Therapy, Speech, Nursing, Vocational Rehabilitation, Psychology, Social Work, & Psychiatry services to individuals with developmental disabilities, generally 18 and over.

## **Lexington Family Services**

518 773-2014

43 Harrison Street, Gloversville

Helping families in Fulton County who are caring for a child or adult who is developmentally disabled through a wide variety of services. Some examples are respite, recreation, advocacy, and support.

## **Liberty Enterprises**

518 842-5080

43 Liberty Drive, Amsterdam

Not-for-profit organization offering support and services to adults and children with disabilities and others with special needs. Services include residences (several options), vocational programs, day supports, family support services, health related services, and transportation.

## **Medicaid Buy-in for People with Disabilities**

1-800-541-2831

Eligibility: disability defined by SSI, between 16-65, working at least part time, earn up to \$61,740 for single person, \$83,340 for couple, and countable resources under \$20,000.

## **MHA Drop-in-Center**

518 762-5332

Masonic Lodge, 34 Division Street, Amsterdam

(ext. 103)

Open Tuesday and Thursday from 12pm – 3pm. Drug and alcohol free center that provides recreational, social, and educational opportunities in a self-help and peer supported environment.

## **MHA Leisure Lounge**

518 762-5332

33 Bleecker St, (2<sup>nd</sup> floor) Gloversville

(ext. 103)

Open Monday and Wednesday from 12pm-3pm.

Drug and alcohol free center that provides recreational, social, and educational opportunities in a self-help and peer supported environment.

## **MHA Peer Support Services**

518 762-5332

(ext. 103)

MHA Peer Support Services provide mentoring and coaching from a New York State certified Peer Support Specialist. The program can also provide referrals and connections to recovery and community resources. Assistance and support are available to individuals transitioning in and out of the various levels of residential services.

#### **MHA Residential Services**

518 842-3717

11 Mohawk Place, Amsterdam

(ext.206)

Residential and rehabilitative services for adults and adolescents who have a primary psychiatric diagnosis and may have a secondary diagnosis of substance abuse. Crisis and Respite services are available and provided for adults and youth in the community residences.

#### **Northeastern Association of the Blind**

518 463-1211

301 Washington Avenue, Albany 12206

Services offered locally at the Workforce Solutions Center, 2620 Riverfront Center, Amsterdam 518-842-3676

#### **Representative Payee Services**

518 842-3717

The Mental Health Association in Fulton & Montgomery Counties

(ext. 204)

11 Mohawk Place, Amsterdam

A program that manages the finances of consumers of mental health who are not able to take care of their finances (income obtained from Social Security or Supplemental Security Income).

#### **Resource Center for Independent Living**

518 842-3561

131 Maple Avenue, Amsterdam

Not-for-profit community based program, which provides a variety of services to persons with disabilities.

#### **Single Point of Access for Adult Services**

518 773-3531

## (SPOA) in Fulton & Montgomery Counties

#### **Fulton County Mental Health Clinic**

57 East Fulton Street, Gloversville ggyldenvand@fultoncountyny.gov

The goal of this initiative is to assist those adults (18 years old and older) who require the highest level of service in the community and ensure they are given priority for these high level services, including residential and case management

## **Single Point of Access for Children's Services** (SPOA) in Fulton & Montgomery Counties

518 762-5332

Mental Health Association in Fulton & Montgomery Counties

307-309 Meadow Street, Johnstown

Please see pages 16 & 17 for a description of services available

Early identification, referral, evaluation, and delivery of intervention services for developmentally disabled children, ages birth to age 5, no charge to parents.

## Respite, Camps, & Activity Groups for Children and Families

## **Mountain Valley Hospice**

518 725-4545

108 Steele Avenue, Gloversville

## **Lexington Family Services**

518 773-2014

18 E. Fulton Street, Gloversville

Helping families in Fulton County who are caring for a child or adult who is developmentally disabled through a wide variety of services. Some examples are: respite, recreation, advocacy, and support.

## **Parenting Groups:**

#### Parent-to-Parent of New York State

518 381-4350 1-800-305-8817

Capital District Office 500 Balltown Road, Schenectady 12304 P2PMatches@aol.com

Parent to Parent of New York State is based on the philosophy that parents, who themselves have experienced the joys and frustrations of raising a child with a special need, can offer other parents a valuable resource. Trained volunteers provide emotional support and information by telephone or email to other families who face similar challenges. Whether it's for a new diagnosis, a hospitalization, or a life transition, talking with another family who's "been there" can be extremely helpful.

## **Mental Health Support Groups:**

#### Alzheimer's and Other Caregivers Support Group 518 736-5650

Fulton County Office for Aging 19 N. William Street, Johnstown

## Alzheimer's Assn. Northeastern NY Chapter

518 867-4999

4 Pine West Plaza Suite 405

Washington Avenue Extension Albany, NY 12205 www.alz.org/northeasterny

## **Autism Support Services**

## **Fulton-Montgomery Chapter**

518 736-3807 127 E. State St., Gloversville

Support services available through Lexington Family Services.

#### The Peer Warm Line

1-607-240-7291

Operated by the Mental Health Association of the Southern Tier

Peer operators are trained to listen to anonymous callers, offer compassion and validation, and assist callers in connecting with their own internal resources, strengths, and direction.

## **Miscellaneous Support Groups:**

## **Parent Support Group**

518 725-4310

Family Counseling Center 11-21 Broadway, Gloversville

Parent Support Groups are for adults who have children with emotional and/or behavioral difficulties. Participants will have the opportunity to share their experiences and develop supportive relationships with other parents. Guest speakers, outings, and educational materials are included as requested by the group. Call for current schedule of times and locations.

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## Transportation Services

## **Fulton County Senior Transportation**

518 736-5650

Fulton County Office for the Aging 19 N. Williams Street, Johnstown

## **Medicaid Transportation**

www.medanswering.com

#### **Contact Center**

Below are the Contact Center phone numbers grouped by region by the New York State Department of Health. If you're unsure what region you're in, please find your county for the appropriate number to call.

#### 844-666-6270 **Downstate**

#### Counties Served:

Bronx, Brooklyn (Kings), Manhattan (New York), Nassau, Putnam, Queens, Staten Island (Richmond), Suffolk, Westchester

<u>Upstate</u> 866-932-7740

#### **Counties Served:**

Albany, Allegany, Broome, Cattaraugus, Cayuga, Chautauqua, Chemung, Chenango, Clinton, Columbia, Cortland, Delaware, Dutchess, Erie, Essex, Franklin, Fulton, Genesee, Greene, Hamilton, Herkimer, Jefferson, Lewis, Livingston, Madison, Monroe, Montgomery, Niagara, Oneida, Onondaga, Ontario, Orange, Orleans, Oswego, Otsego, Rensselaer, Rockland, St Lawrence, Saratoga, Schenectady, Schoharie, Schuyler, Seneca, Steuben, Sullivan, Tioga, Tompkins, Ulster, Warren, Washington, Wayne, Wyoming, Yates

#### **Public Transportation:**

#### **BUS**

**Gloversville Transit System** 

518 773-4528

www.cityofgloversville.com

CDTA 518 482-8822

www.cdta.org

#### **TAXIS**

Amsterdam: Yellow Cab 518 843-1600

Johnstown: Glove City Taxi 518-725-9130

FAX 518 773-3883

## Life Skills/Parenting Workshops & Classes

#### **Parent To Parent of NYS**

1-800-305-8817

500 Balltown Rd, Schenectady, NY 12304

Parent to Parent of NYS is where families of individuals with special needs and the professionals who serve them can meet and share information.

#### Alpha Pregnancy Center

518 842-5025

1050 Riverfront Center, Amsterdam, NY 12010

Provides pregnancy counseling, education, parenting classes, and a stork room

#### **Wellness**

## **Blooming Lotus Yoga & Wellness**

518 842-9737

25 W. Main St. Johnstown, NY 12095

We offer a variety of daily yoga classes for beginners and experienced yogis as well as workshops. We provide Yoga with singing bowls and also Sound Meditation.

## **Healing Touch Treatments**

#### **Barbara Kramer HTCP**

518 774-4957

Business hours by appointment

#### Miscellaneous

## **Wireless/Cell Phone Assistance**

#### www.assurancewireless.com

1-888-321-5880

**Assurance Wireless** is a worry-free way to stay connected with family, school services, doctors, and employers. Assurance Wireless provides a free smartphone, along with free phone service each month to low-income residents in over 40 states. Low-cost plans with more minutes and data are also available as well as low international rates to over 200 countries. There are no bills, long-term contracts, or activation fees.

Assurance Wireless is a federal Lifeline Assistance program. Lifeline is a government benefit program supported by the federal Universal Service Fund. Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. You may qualify if you participate in certain public assistance programs, like Medicaid or Supplemental Nutrition Assistance Program (SNAP). You can also qualify based on your household income. You must provide proof of program participation or proof of income.

#### SafeLink Wireless

1-800-723-3546

www.safelinkwireless.com

Lifeline is a federally-sponsored program that provides a discount on communication services to eligible individuals and families. Eligibility is determined by income and/or participants in state or Federal programs. Through Lifeline, SafeLink subscribers are eligible to receive a mobile phone and a monthly discount on their service. SafeLink benefits are limited to one line per household. SafeLink Wireless is a service of TracFone Wireless, Inc., a Verizon company.